

PASTE PAPER



fun and easy finger-painting for grownups

What you need.....

1 cup cornstarch
7 cups water
2 tablespoons glycerin
a bit of oil of cloves,
peppermint or cinnamon
bottles of acrylic paint
spray bottle for water
lots & lots of paper
things to make marks

What to do....

Mix 1 cup of cold water with 1 cup of cornstarch together then add to 6 c. of boiling water....turn down heat & continue to cook for a few minutes. Use a whisk or blender to make a smooth

paste. Add glycerin & oil. Cover with a wet paper towel and leave out overnight.

The next day....

Whisk or blend to remove any lumps and to smooth. Put an inch or so of paste in the bottom of plastic cups and add 1 or 2 tbsp of different colors of paint into each cup and mix them up. You may want to add more water for a flatter surface or more paste for a more textured look....less paint in the paste makes a more transparent appearance while more will look more opaque. Experiment!

Playing & Creating.....

Protect the area you're working in with plastic tableclothes or large trash bags....have a place set up to lay out papers to dry. Use a brush, edge of a credit card or fingers to smear paint all over the paper....pull combs, fingers, sponges, kitchen tool-- anything--to make designs....use flat stamps....add glitter....pretend you're in kindergarten!

Extra paste can be stored in a jar in the fridge for a week or so— just whisk it up good before using again.

Absolute and most important of all....

Have fun!

Happy painting!

Cris